

Pacific Wellness of Ventura

Medical ailments that require more oxygen to heal

- Anti-Aging
- Autism
- Cerebral palsy
- Chronic Fatigue
- Crohn's Disease
- Diabetes
- Fibromyalgia
- Insomnia
- Lyme's Disease
- Migraines
- Neuropathy
- Pain
- Parkinsonism
- Regional Pain Syndrome
- Seizures
- Spinal Cord Injury
- Sports Recovery
- Stroke
- Traumatic Brain Injury

How does HBOT work?

Hyperoxygenation - Increased oxygen in blood, lymph, cerebrospinal fluid increases oxygen to damaged tissues, stimulating healing.

Neovascularization - Stimulates blood vessel angiogenesis and connective tissue formation in areas starved for oxygen.

Hyperoxia - enhances antimicrobial activity. Reduces toxic substances by increasing tissue oxygen levels.

Enhances Immune Response - Activates white cells to fight infection, stimulates mitochondria, reduces inflammation and oxidative stress.

How does Hyperbaric Oxygen help? Acute Conditions

Most medical problems are due to inflammation. Hyperbaric oxygen combats inflammation by decreasing oxygen free radicals which, in turn, decreases swelling and compression of blood vessels. This increases blood flow and oxygenation. You might think this would worsen the injury, but, in fact, everything improves with immediate treatment for diving accidents, MIs, CVAs and all acute injuries. This phenomenon is called, "The Oxygen Paradox".

Recommended Reading

I highly recommend the following 3 books if you wish to be better informed:

- The Oxygen Revolution* - 3rd Edition
2016, Paul Harch, MD
- The Hyperbaric Chamber*
- Nina Subbotina, MD
- Stroke: Recovery with Oxygen*
- Polly Houston

Chronic Conditions

respond differently. Latent injured cells (not dead ones) are regenerated with HBOT (low pressure is just as good as high pressure.) Patients with old strokes, heart attacks and other organ injuries often recover partially or fully. These chronic wounds (low blood and oxygen supply) respond with new blood vessel growth and then the damaged cells start to function more normally. This requires daily hyperbaric oxygen (one hour) for usually 40 treatments to achieve lasting results; sometimes repetitive treatments are necessary. The goal is to dramatically improve quality of life.

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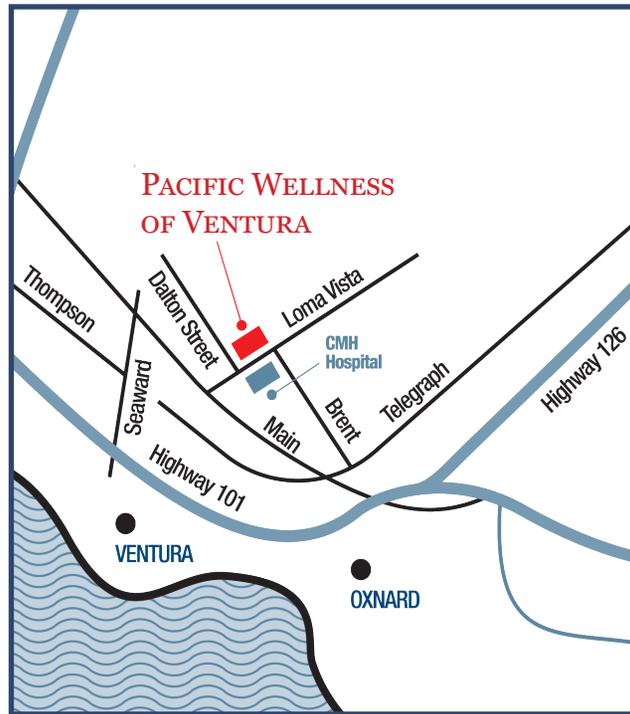
For more information visit
www.PacificWellnessVentura.com



Healing Dives 60” Vertical Chamber

This chamber accommodates 2 seated adults and includes 1 top window and 1 eye-level window. Our “mild HBOT” Hyperbaric Oxygen Therapy chamber runs at 1.3 ATA with room air (equivalent to 11 feet below water level). Inside, the patient sits comfortably breathing 95% oxygen by mask. You can read, listen to music, meditate or use a computer for the 60-minute treatment.

With room air you have .3 ml of O₂ per 100 ml of blood. With Mild HBOT (1.3 atmospheres) plus breathing pure O₂ per mask you receive about 3.0 ml of O₂ per 100 ml of blood. Ten times as much! This dissolves into your plasma, cerebral fluid and tissues.



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Hyperbaric Oxygen Therapy

HBOT

For over 60 years this therapy has been used for medical ailments requiring more oxygen to heal.

As far as I know, we are the only clinic in this area with this therapy.

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serving all of Southern California